

TMS Erina

CLEAR YOUR MIND

☎ 02 4314 7000 📠 02 4314 7007

✉ info@tmserina.com.au 🌐 tmserina.com.au

REFERRAL FOR TRANSCRANIAL MAGNETIC STIMULATION (TMS)

PATIENT DETAILS

Title/First name _____ Last name _____ DOB _____

Street Address _____ Suburb _____ Postcode _____

Preferred method of contact

Complete if your patient consents to our Patient Care Team contacting them directly to book an appointment.

Mobile _____ Email _____

Alternative contact

Complete if there is someone our Patient Care Team can contact if we are unable to reach the patient.

Name _____ Relationship _____ Phone number _____

Funding

The Patient Care Team will discuss options with your patient and facilitate funding paperwork as required.

Medicare Number _____ Ref: _____ Valid until: _____

Fund: Private / Self-funded Department of Veteran Affairs Workcover

REFERRAL INFORMATION

Reason(s) for TMS referral

Major depressive disorder Other: _____

Medications and clinical notes

Trialled 2 or more classes of antidepressants (list under additional information below)

Patient has not had TMS treatment before and is eligible for the Medicare rebate

Precautions and potential contraindication(s) (If any are present, please provide additional information below)

Pacemaker Stroke Epilepsy Cochlear Implants Metal Implant in head VP Shunt Retinal Detachment

Additional information - include comorbidities, current medication(s), and previous antidepressants trialled if applicable.

REQUESTING DOCTOR GP Psychiatrist Other: _____

Name _____

Provider Number _____

Practice Address _____

Phone _____

Email _____

Fax _____

Doctor's signature _____ Date _____

▶ Please fax referral form to **02 4314 7007**



WHAT IS TMS? Transcranial Magnetic Stimulation (TMS) is a TGA approved treatment that uses non-invasive electromagnetic pulses to stimulate brain growth to heal depression. It is **not** the same as ECT.

HOW DOES TMS WORK?



TMS uses an electromagnetic coil to induce a magnetic current.



This focuses a magnetic field in the region of your brain involved in mood control and depression.



A painless high frequency pulse is applied for 20-30 minutes.



This induces improvements in neural functioning over the course of treatment.

HOW DO I GET STARTED WITH TMS ERINA?

1

Send through your GP referral to us at TMS Erina.

A coordinator will contact you to ask you some screening questions and book your initial assessment.

2

Come in for your initial assessment by a Psychiatrist.

A Psychiatrist and TMS Erina technician will assess your suitability and treatment history and establish a baseline measure which will be used to determine whether the treatment is working.

3

If TMS is deemed appropriate, treatment starts with 20-30 sessions over a 4-6 week period in our comfortable rooms. Charges are per session and you can stop at any point.

Phase 1: Acute treatment

In this phase you will have 3-6 sessions per week. A TMS Erina technician will measure how you are responding to treatment at sessions 1, 12 and 18.

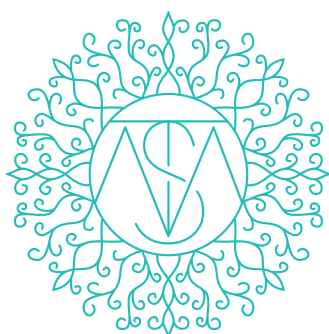
Phase 2: Acute treatment

After the first phase of treatment, changes in your mood should be noticeable. If TMS is working for you, treatment will continue. Your response will be assessed again at session 28. Treatment may be extended if necessary, depending upon your response.

4

Maintenance sessions

Available 4 months after initial course if required.



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For more information, please contact our friendly team today at:

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